

Nathalie W. Herrman
2 Monte Alto Court
Santa Fe, NM 87508
248-207-7293
thebrightspirit@thebrightspirit.com

Bio

Nathalie W. Herrman helps HR Professionals make a profound positive difference in the lives of employees. Through her workshops and keynotes, she creates a pathway for personal empowerment, purpose-driven productivity, and the intrinsic motivation to be creative, to collaborate with others, and to value clear, compassionate communication.

As an Employee Experience Specialist, Nathalie aligns corporate goals with employee needs and brings the “life” back to life at work.

Nathalie writes a practical and inspirational award-winning daily blog, has been featured on multiple live radio talk shows, and in Office Pro magazine, is the founder of Conscious Living Online Community, holds two patents, has two internationally published books: *Daily Enlightenments: 365 Days of Spiritual Reflection*, and *The Art of Good Habits: Health, Love, Presence, and Prosperity*, and is well-respected for having been a top trainer in the fitness industry for over seventeen years.

